



#no1leftbehind 5k Walk/Run

Saturday, October 24, 2015

Cosmo Park – Nickell Shelter

Registration at 8:00 AM

Race starts at 9:00 AM

Registration Information:

Checks payable to: Welcome Home, Inc.

Mail to: Midway Electric, Inc.

Attn: Michele Spry

7301 W Henderson Road, Columbia, MO 65202

Online: <https://www.raceit.com/Register/?event=34353>

Please Note: T-Shirt and Finisher Medal is NOT Guaranteed AFTER October 10, 2015

Follow our event page on Facebook for latest information and packet pick up at #no1leftbehind 5k Run/Walk

Early-Bird Registration \$25 Adults / \$15 Child

August 20 – September 24, 2015

Regular Registration \$30 Adults / \$20 Child

September 25 – October 24, 2015

Walkers and Strollers Welcome!

Proceeds will go to Welcome Home Inc. in Columbia, MO!

Please print clearly. (child rate applies to 13 years old and younger)

Last Name: First Name: Age:

Phone Number: E-Mail Address:

Emergency Contact: Phone Number: Relationship to Participant:

Shirt Size (circle one): Adult S M L XL XXL Youth: S M L XL VETERAN? Y N

Release & Waiver:

I know participating in a walk / run is a potentially hazardous activity. I should not walk/run unless I am medically able and properly trained. I assume all risks associated with participating in this event including, but not limited to, falls, contact with other participants, the effects of weather, including high heat/extreme cold, traffic and the conditions of the course, all risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of accepting my entry, I, for myself and anyone entitled to act on my behalf waive and release Welcome Home, Inc. and #no1leftbehind 5k, including all of their sponsors, co-sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participating. I grant permission for all of the foregoing to use any photographs, motion pictures, recordings or any other record of this event for any legitimate purpose.

Entry NOT accepted without a valid signature!

Signature of Applicant (parent/guardian if under 18 years old) Date:

OR A TIME CLOCK MAY BE DISPLAYED HOWEVER NO OFFICIAL RACE TIMES WILL BE RECORDED.

Entry Fee: _____ + Donation: _____ = Total Amount Submitted

I CAN'T ATTEND BUT I WANT TO SIGN UP FOR THE VIRTUAL OPTION (Add Additional \$5.00 for shipping): _____

** Virtual Racers t-shirts, race bibs and finisher medals will be shipped AFTER October 24, 2015** (USA ONLY)

